



## **Karate-Do Class**

Welcome to join the class!

**Date: 7 January – 25 March, 2026; Every Wednesday (except Public Holidays)**

**Time: 1:00 to 2:00 p.m.**

**Venue: Multi-Purpose Room LG1027, HKUST (training venue may change and make-up class will arrange subject to the arrangement)**

**Level: Beginners and participants who have attended the Karatedo training are very welcome!**

**Instructor: Dr. C M Li; Japan Goju-Ryu Karate-Do Black Belt 7<sup>th</sup> Dan, Shihan, Renshi.**

**Medium of instruction: Cantonese and English**

**Brief description / additional information: Training include Self-defense Techniques, Kata, Yakusoku Kumite and Kumite**

**Fee: SA Members - HK\$ 550; Non-SA Members - HK\$580**

**For registration: please go to [https://ust.az1.qualtrics.com/jfe/form/SV\\_8eKeYLTZ0Be0bT8](https://ust.az1.qualtrics.com/jfe/form/SV_8eKeYLTZ0Be0bT8)**

**All new and existing team members please register on-line. First-come-first-served. Priority will be given to Members/Associate Members of Staff Association.**

**Non-members are welcome to join Staff Association to enjoy member benefits. Annual membership fee is \$30. Register at [http://staff.ust.hk/membership\\_form.html](http://staff.ust.hk/membership_form.html)**

**All participants should be faculty/staff of the University or Full/Associate Member of Staff Association.**

**Deadline for registration: From now till to 5 January, 2026.** If you wish to join the class after the deadline, please feel free to contact Dr. C.M.Li or Ms Rita Yau for the arrangement.

**Payment instruction and purchase of uniform for training purpose will be advised by the Instructor.**

**Enquiry: Dr. C.M.Li [cmlsea@gmail.com](mailto:cmlsea@gmail.com) or Ms. Rita Yau [saykk@ust.hk](mailto:saykk@ust.hk)**

## 空手道班

歡迎參加!

日期：**2026 年 1 月 7 日至 3 月 25 日**;逢星期三 (公眾假期除外)

時間：下午一時至二時

地點：香港科技大學 LG1027 室 (視乎安排，場地可能有所更改及必要時會安排補堂)

程度 / 級別：初學者 及 曾受空手道訓練的人仕均歡迎參加!

教練：李志滿博士;日本剛柔流空手道黑帶七段、師範、鍊士

授課語言：廣東話及英語

簡要說明 / 附加資料：訓練包括自衛術、套拳, 約束組手及組手(即博擊術)

費用：會員 港幣 600 圓; 非會員 港幣 630 圓

報名請登入: [https://ust.az1.qualtrics.com/jfe/form/SV\\_8eKeYLTZ0Be0bT8](https://ust.az1.qualtrics.com/jfe/form/SV_8eKeYLTZ0Be0bT8)

新舊隊員均須網上報名，先到先得。教職員協會會員/附屬會員優先。

歡迎非會員加入本會，享用會員福利，年費港幣 30 元。

登記網址: [http://staff.ust.hk/membership\\_form.html](http://staff.ust.hk/membership_form.html)

所有參加者都必須是科大教職員或教職員協會會員/附屬會員。

**報名及截止日期:** 由現在直到 **2026 年 1 月 5 日**。在截止報名後, 如欲報名參加。

歡迎向教練 或 游嘉琪女士 查詢!

教練將會通知付款及空手道制服安排。

查詢：李志滿博士 [cm1sea@gmail.com](mailto:cm1sea@gmail.com) 或 游嘉琪女士 [saykk@ust.hk](mailto:saykk@ust.hk)