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HKUST Staff Association News - 30 Mar. 2015

Chinese version follows English one (中文版在英文版本之後)

Dear Colleagues,

In this HKUST Staff Association News, we would like to bring to you:

Free Lunch Talks (in Cantonese):

- 1 April Leisure Talk: Originate from life - higher than life "Stage of life - life stage" by Mr. Tsim Wah-leung Room 1504

- Details of other upcoming lunch talks (in Room 1504 unless stated otherwise)

Staff Association free Lunch Talk (In Cantonese)

1 April Leisure Talk: Originate from life - higher than life "Stage of life - life stage" by Mr. Tsim Wah-leung Room 1504

8 April Leisure Talk: How to enjoy English Football League
Mr. Lo Tak Kuen (Gold medalist Coach)

15 April Health Talk: Contributions of Biotechnology to Skin Health and Beauty
- use of biotechnology to help us achieve healthy and better sensed skin
Prof. Raymond Wong (Venue: LT C)

Prof. Wong Wan Keung Raymond, in the Division of Life Science in HKUST, is both a scientist and entrepreneur in Hong Kong. He and his team are devoted to biotechnological R&D and commercialization to promote healthcare and beauty. In 2006, Prof. Wong Wan Keung Raymond established a biotech company Gene-vinate Ltd (GVN) in HKUST Entrepreneurship center, aiming to the production of cost-effective beauty and health care products by making use of magical recombinant proteins, human epidermal growth factor (hEGF).

hEGF is abundant in babies and can prompt skin growth. Yet as people age, less hEGF is produced, which prolongs the skin rejuvenation cycle. As a result, skin becomes wrinkled and sagging. Using the techniques of biotechnologies, Prof. Wong is able to reduce the production costs of hEGF substantially to one-tenth of the original, while maintaining its purity over 99 percent. The GVN beauty products aimed at injection of hEGF into skin and accelerate the rejuvenation of surface skin. Prof. Wong also successfully made use of hEGF to treat diabetic foot ulcers, bedsores, surgical wounds, mouth ulcers, scalds and psoriasis effectively. The research has broad prospects received wide attention in the industry. Prof. Wong published his finding in scientific journal and earned USA, Chinese, Taiwan, European and Hong Kong patents. GVN has won popular acclaim in the industry. It was granted the honor for its outstanding tech contribution to the HK industry and commerce in 2008.

22 April Health Talk:

- Common gynecological diseases - uterine fibroid and ovarian cyst (Dr Kwan Wing Yan)
- HPV vaccine and cervical cancer (Dr Wong Ying Grace)

29 April Topic to be confirmed

6 May Edible oils & Health - how to choose the oil of your choice?
by Mr. Elead Chun

People cook with peanut oil and corn oil in the past. In recent years, more people choose to use canola oil or olive oil; and some like grape seed oil or flaxseed oil. With the large array of cooking oil choices, what is the buyer's guide of healthy oils?

This lunch talk will briefly introduce healthy edible oils in the following:

1. The nutrition content of common cooking oils
2. The Mediterranean Diet for health
3. Grades and classification of olive oil in International Standard
4. Production of extra virgin olive oil; uses of olive oil for skincare
5. How to choose quality extra virgin olive oil; oil tasting

For enquiry, please contact staff@ust.hk

HKUST Staff Association
30 March 2015

香港科技大學教職員協會 會訊

親愛的同事們：

今期香港科技大學教職員協會會訊特此給您帶來以下新信息：

免費午間講座（廣東話） 地點：1504室（除了4月 15日在LTC）

4月 1日 閒暇講座：原於生活-高於生活《 舞台人生-人生舞台 》
詹華亮先生

講座內容：

- 本色演員-性格演員
- “ 斯坦尼斯拉夫斯基體系-布莱希特體系”
- 歌唱演員-唱歌的好處
- 分享點滴表演樂趣-解答藝術表現體驗

歡迎所有感興趣的朋友們！-互動分享！

詹華亮先生從小參加社會藝術活動，曾進“科班”。經歷多年多元化的藝術磨練，學會了多種不同藝術的表演和樂器“鑼鼓經”

和台前幕後的工作。曾獲省、市、地區專業團體藝術比賽的演員和導演獎。根據國務院職稱委員會的條例，經考核審查評定為“中級導演”。

詹華亮先生曾在香港地鐵、信興集團、恒基地產、中華煤氣、東華三院等等中學，教學國語，及藝術表演課程，曾參於影、視、廣告拍攝。曾舉辦表演藝術講座。

4月 8日 閒暇講座：如何欣賞英格蘭足球聯賽
盧德權（金牌教練）

60-74	香港足球代表隊	球員
74-78	香港足球青年隊	教練
78-80	香港足球隊	教練
80-85, 90-92	愉園足球隊	教練
85-86	精工足球隊	教練
87-89	星島足球隊	教練
95-98	美國ESPN全體育電視聯網	足球評論員

4月 15日 生物技術對皮膚健康與美容的貢獻
黃允強教授 (科大生命科學部) (地點: LTC)

青春永駐幾乎是所有人的夢想。借助生物技術手段，可以實現皮膚表層的加速循環更新，重現獲得如嬰兒般光滑潤澤的皮膚。不僅如此，這項技術還有助於某些皮膚疾病的治療。實驗證明，人表皮生長因子可促進皮膚細胞的正常分裂再生，鞏固組織，提升皮膚彈性及儲水功能，亦可淡化修護皮膚色素和斑痕，更可改善因紫外線而導致皮膚老化及脫水情況，保持肌膚組織的完整性。此外，在醫學應用中，還可以達到促使外胚層細胞生長，促進燒傷、創傷及外科傷口的癒合，加速移植表皮和移植角膜生長，修復腸胃道和眼角膜的損傷。

黃允強教授為實現人類這一夢想而孜孜奮鬥了二十餘年，在此午餐講座，他將分享利用人類表皮生長因子（人類表皮生長因子，表皮生長因子）這種能促進表皮細胞生長的活性小分子蛋白質實現皮膚質量的提升，幫助我們重拾如雞蛋光滑的皮膚。黃教授亦發現將金因肽用於治療難以癒合的傷口，如褥瘡、史提夫強生症候群、牛皮癬及手術創口等，都達到顯著的療效；具有很好的臨床應用前景。此首次發表的結果已經申請了全球專利，經過11年的艱辛路程，最終得到美國，中國，台灣，歐盟和香港的專利許可。

4月 22日 健康講座：
婦科常見問題- 子宮肌瘤，卵巢水瘤及子宮頸癌（關詠恩醫生）
HPV 預防針，及子宮頸癌症（黃凝醫生）

4月 29日 講題待定

5月6日 健康講座：食用油與健康-如何選擇適合你的食用油？
晉樂安先生

以前煮食流行用花生油、粟米油,現在人人愛用芥花籽油、橄欖油,講求生活品味一族則偏愛亞麻籽油、葡萄籽油。食用油種類可謂林林總總，什麼叫健康食用油？以什麼標準來衡量？用家應如何選購？

本講座將為大家深入淺出講解何謂健康食用油，內容如下：

1. 概述及比較常見食用油的成份
2. 介紹地中海飲食文化
3. 介紹橄欖油在國際上的等級和分類
4. 講解特級初榨橄欖油的製作過程、護膚功用及示範
5. 分享如何選擇優質的特級初榨橄欖油及試食

香港科技大學教職員協會
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