

主旨: HKUST Staff Association News - Classes Recruitment

從: HKUST Staff Association <staff@ust.hk>

日期: 18/3/2014 10:05

到: <staff-association-news-list@ust.hk>

Dear Colleagues,

In this SA News we would like to inform you about the recruiting of new members of the following classes:

1. **Chinese Martial Art Foundation : The Five Steps & Yang-style 32 Techniques of Tai Chi Sword**
武術基礎: 五步拳 楊氏 32式太極劍
2. **Qigong: Da Duan Jin (The Eight-sectioned Exercise) & Yang-style 32 Techniques of Tai Chi Sword**
健身氣功: 八段錦 楊氏 32式太極劍

Enquiry: staff@ust.hk

HKUST Staff Association
March 18, 2014

2. **Chinese Martial Art Foundation : The Five Steps & Yang-style 32 Techniques of Tai Chi Sword** 武
術基礎: 五步拳 楊氏 32式太極劍

Venue: Room LG-1027, Sports Hall
Date: Every Wednesday from 2 April, 2014 to 25 June, 2014
Time: 1:00 to 2:00 p.m.
Instructor: Master Lam Yuen Wa
Level: Beginner
Fee: \$300 (Pay to Master Lam in cash)

3. **Qigong: Da Duan Jin (The Eight-sectioned Exercise) & Yang-style 32 Techniques of Tai Chi Sword** 健
身氣功: 八段錦 楊氏 32式太極劍

Venue: Room LG-1027, Sports Hall
Date: Every Tuesday from 1 April to 24 June, 2014
Time: 1:00 to 2:00 p.m.
Instructor: Master Lam Yuen Wa
Level: Beginner
Fee: \$300 (Pay to Master Lam in cash)

All staff, faculty and family members are welcome!

Enrollment/Enquiry:

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