

主旨: HKUST Staff Association News - Classes Recruitment

從: HKUST Staff Association <staff@ust.hk>

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到: <staff-association-news-list@ust.hk>

Dear Colleagues,

In this SA News we would like to inform you about the recruiting of new members of the following classes:

1. **Karate Class**
2. **Tai Chi Class A : 42-form Tai Chi Chuen & 36-form Tai Chi Fan**
3. **Tai Chi Class B : 24-style Tai Chi Chuen, & 36-form Tai Chi Fan**

Enquiry: [staff@ust.hk](mailto:staff@ust.hk)

HKUST Staff Association  
Dec 30, 2013

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## 1. Karate Class

Karatedo Training Class 空手道訓練班 (7 Jan - 25 Mar 2014)

Venue: Room LG 4204, Sports Hall

Date: Every Tuesday

Time: 1:00 to 2:00 p.m.

Instructor: Dr. C M Li is Gojuro Karatedo 7th Dan Shihan. 李志滿博士為日本剛柔流空手道七段師範鍊士

(Dr. Li was the Director and Head Coach of the Hong Kong Karatedo National Squad. He awarded the "Coaching Excellence Awards" of 2001 and 2002 issued by Hong Kong Coaching Committee of HKSAR)

Level: For Beginner and old students in the class

Fee: \$ 300 (Uniform is not included)

Course contents: Kata 套拳, Kumite 組手, Self-defense techniques 自衛術

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## 2. Tai Chi Class A

Revision of 42 Style Tai Chi Chuen & 36-form Tai Chi Fan

Venue: Room 1027, Sports Hall

Date: Every Wednesday from 8 Jan, 2014 to 26 Mar, 2014  
Time: 1:00 to 2:00 p.m.  
Instructor: Master Lam Yuen Wa  
Level: Intermediate  
Fee: \$300 (Pay to Master Lam in cash)

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### 3. Tai Chi Class B

Revision of 24 Style Tai Chi Chuen & 36-form Tai Chi Fan

Venue: LG-1 Sports Hall Lobby  
Date: Every Tuesday from 7 Jan, 2014 to 25 Mar, 2014  
Time: 1:00 to 2:00 p.m.  
Instructor: Master Lam Yuen Wa  
Level: Beginner  
Fee: \$300 (Pay to Master Lam in cash)

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All staff, faculty and family members are welcome!

Enrollment/Enquiry:  
Mr. Chris Tso, email: [eokytso@ust.hk](mailto:eokytso@ust.hk), extn.6550